

Expressions for Agreeing and Disagreeing

This page is about words and phrases that we use when we agree or disagree with someone in English.

Stating an opinion

- In my opinion...
- The way I see it...
- If you want my honest opinion....
- According to Lisa...
- As far as I'm concerned...
- If you ask me...
- Personally
- I think,
- I believe,
- I reckon

Asking for an opinion

- What's your idea?
- What are your thoughts on all of this?
- How do you feel about that?
- Do you have anything to say about this?
- What do you think?
- Do you agree?
- Wouldn't you say?

Expressing agreement

- I agree with you 100 percent.
- I couldn't agree with you more.
- That's so true.
- That's for sure.
- You're absolutely right.
- Absolutely.
- Definitely.
- That's exactly how I feel.

- Exactly.
- I'm afraid I agree with James.
- No doubt about it.
- **(weak)** I suppose so./I guess so.
- You have a point there.
- I was just going to say that.
- I see what you mean.

Expressing disagreement

- I don't think so.
- I'm afraid I disagree.
- I beg to differ.
- Not necessarily.
- That's not always true.
- That's not always the case.
- No, I'm not so sure about that.
- Without wanting to criticise.
- **(strong)** No way.
- **(strong)** I totally disagree.

Interruptions

- Can I add something here?
- Is it okay if I jump in for a second?
- If I might add something...
- Sorry to interrupt, but...
- **(after accidentally interrupting someone)** Sorry, go ahead. **OR** Sorry, you were saying...
- **(after being interrupted)** You didn't let me finish.